

New Brighton Menz Shed

New Brighton Menz Shed Trust – Draft Philosophy

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Philosophy:

The community of a Men's Shed is the means by which men come together in order to fulfil a specific purpose, to help others fulfil their purpose, and to take care of one another. The community of a men's shed is a place to learn and provides the opportunity to share skills, talents and knowledge while building relationships with others.

Goals:

- To have a place to meet and work together.
- To create a safe, supportive, caring and respectful environment for men.
- To create an active environment in which men can share their skills, talents and knowledge with others while fostering relationships.

Meeting Community needs:

- Offer an alternative to the isolation from which some men find themselves in.
- Support for sole male carers and relationship building between carer and young males.
- Support the concept of mentoring across all ages.
- Support a growing awareness of personal health and well being of men.
- An outlet for relieving stress from economic problems, job losses and life changes.
- To recognise and be valued (pride and esteem)